

The Epistle

Trinity Lutheran Church

8 South Midland Boulevard

Nampa, Idaho 83651

Pastor: Meggan Manlove

prmanlove.trinitynampa@hotmail.com

(208) 466-2173

Editor/Office Manager: Robert Cola

churchbiz@msn.com

(208) 466-2173

Website: nampatrinity.org and you can also find us on



Trinity Lutheran Church is a place to gather, refresh the faithful, and reach out with word and service to all others through the Holy Gospel

June 2021



Dear Friends in Christ,

I received my second dose of the Pfizer vaccine in February (I was eligible because I help distribute food through *The Traveling Table*, a partner of our garden). I felt relieved and grateful and humbled. My chances of hospitalization due to COVID were drastically decreased and I felt just slightly freer. As I write this, I am preparing to get on a plane and meet my mom in California. I cannot wait to give her a big hug.

How receiving the vaccine would impact my relatively healthy 44-year-old body was not my only reason for getting vaccinated. It was important to do as a community member. This is always how vaccines work. When enough people are vaccinated against a certain disease, the virus cannot travel as easily, and the entire community is protected. That means even people who cannot get vaccinated, for various medical reasons, will have some protection from getting sick.

I will readily admit that prioritizing the common good is quite rare these days. It is also true that each one of us must decide what is best for our own health and bodies. And yet, the truth is that we need each other right now. I need you and you need me to what is best for all of us. Our individual futures depend heavily on how we love one another.

From the beginning, our leadership has been guided by the biblical concept of neighbor love, and that is true still today. Jesus, when asked about the greatest commandment, said it was "to love the Lord your God with all your heart." Then he added, "And love your neighbor as yourself." Sometimes the neighbor is our actual next-door neighbor. Often, according to Jesus, it is the stranger, maybe someone who is quite different. Neighbor love is rarely easy. But we love our neighbor because it gives life and joy. The goal is abundant life for everyone, a reflection of God's love for the world.

Inside this *Epistle*, you will read the stories of a few other Trinity members who are loving their neighbor by helping others get vaccinated. Each of us brings a unique perspective. I hope you will see in their words and actions the presence of Christ as I do.

The Holy Spirit, who the church celebrated on Pentecost, is with us, loving and guiding us to a better future. Together.

Peace,

Pastor Meggan



The Noisy offering for **May**, on Sunday, March 30th will be for **The Treasure Valley Community Resource Center** (TVCRC). The TVCRC is a comprehensive telephone referral service putting people needing help in touch with those who can help them. Proudly marking 29 years of service in April of 2021, Treasure Valley Community Resource Center remains the only agency of its kind serving Southwest Idaho and continues to offer "The Human Touch in One Stop Referral Service"



June's Noisy Offering on Sunday, June 27th will be for **The Shoe that Grows**. In 2007, Kenton Lee was ready to leave Nampa, Idaho to see the world. He had just graduated from local college Northwest Nazarene University and hoped to learn about places outside of his hometown. So Kenton lived in Ecuador for six months and then in Kenya for six months. While in Kenya, Kenton lived and volunteered at an orphanage about an hour outside of the capital Nairobi. On a hot day a couple of weeks into his stay, Kenton was walking down a dusty road to church with some of the children. "there's a little girl next to me. She has on this beautiful white dress, and she's probably eight or nine years old. As I looked down at her I remember just being shocked at how small her shoes were. They were so small she had to cut open the front to let her toes stick out". This image stuck with Kenton. Were all of the children in the orphanage wearing shoes that didn't fit? He asked the director of the orphanage who told Kenton that they had received a big donation of shoes and clothes the year before, but as kids grow rapidly, the orphanage did not have the funds to continually buy new items. After returning home to the United States Kenton pitched his concept of a "shoe that grows" to several different shoe companies. Even though none of them were interested, Kenton still continued to believe in his vision. His next step was to assemble a small team, and together they began to build many different prototypes. Finally, after 5 years of hard work and experimentation, his idea had become reality. There the idea for The Shoe That Grows and Because International was born.



Sunday Adult Forum

Will be on Summer Break.



Taco Tuesday

July 6th 5:30 p.m.

Grace Episcopal Church
411 10th Ave. So., Nampa
Bring cash or card



Monday Morning Study- 10:00 a.m.
Reading **Love Big** by Rozella Haydee' White.



OFFICERS/COMMITTEE LIAISONS- 2021

President

Sarah Henthorn (21)

Vice-President

Jerry Armbrust (23) (21 as VP)

Secretary

Penelope Smith (22) (21 Sec.)

Treasurer

Lloyd Kellar (renewable)

Financial Secretary

Karissa Armbrust (renewable)

Accounts Payable Coordinator

Peggy Miller (renewable)

Council Team Assignments

Christian Education/Youth: Sandy Blom (23)

Church in Community: Mwajuma Dusabe (22)

Communication: Patrick Kelly (22)

Gospel and Growth: Penelope Smith (22)

Hospitality: Amanda Hanson (22)

Property: Tom Friddle (21)

Stewardship: Sarah Henthorn (21), Brandon Ziemer (21)

Trinity New Hope: Carl Radke (23)

Worship & Music: Caitlin McHugh (21)

Congregational Committee Assignments

Audit: Julie Ward (21) Tami Robinson (23),

Emily Bentley (22)

Endowment: Larry Mills (21), Lisa Harker (22),

Edith Hannett (23)

Memorial: Ardelle O'Bryan (21), Craig Olsen (23),

Andrew Hanson (22)

Nominating: Jennifer Metz, Tim McHugh, Tom Friddle,

Sarah Henthorn

Mutual Ministry: Sharon Jones, Jerry Armbrust, Tammy

Torrey, Steve Ward

Synod Assembly Voting Members: Jerry & Karissa Armbrust

Luther Heights Representatives: Janet Metzger &

Cathy Winwood



The **May** Women's Luncheon will be at 11:30 a.m., Tuesday, May 25th. Details to be announced.

The Women's Luncheon for **June** will be 11:30 a.m., Tuesday, June 29th. Details to be announced.

Trinity New Hope Wish List



- Two New (Metal/Rubber) Wrap Picnic Tables
- Two New Outdoor Barbeques
- One Large Outdoor Trash Can (Park Style)
- A Tree in front yards of units missing them.
- Perma-bark (rock) in the garden areas of the units instead of blow in wood bark that just deteriorates.

Confirmation Schedule

Information Session TBA

Retreat at Luther Heights September 17-19

salvation

10-12 graders will dive deep into the topic of salvation, unpack theological understanding, and uncover key beliefs through tradition, discussion, and experience. Last Thursday of the month @ 6pm via Zoom.



FLOWERS! FLOWERS!

FLOWERS! Thanks to all who have contributed flowers for our YouTube and Facebook services.

We are now back on a flower chart signup. If you are interested in a special Sunday through the summer to August 29, please call Joyce Becht at (208) 465-1753 or sign-up on the sign-up chart located on the window in the church entry. Please remember to bring your flowers to the church office during office hours 9 a.m. to 1:00p.m. by Thursday. Thanks for all you do each week to beautify our sanctuary.

BAZAAR COORDINATOR NEEDED: Di Seba has decided to step down from coordinating the annual holiday bazaar. **Thanks, Di,** for all the time and effort you gave to this fundraiser! Coordinating the bazaar consists of communicating with vendors, plotting out the vendor map for the day of the bazaar, organizing the raffle, and working with whoever is coordinating the kitchen for the day. Di has a binder to pass along and will help orient our new coordinator. If you are interested in serving as the coordinator, please talk with Di or Pastor Meggan. Council will make a final decision about the 2021 Bazaar at its July council meeting.

Learning Peace Expands

Learning Peace: A Camp for Kids

March 6, 2020, Learning Peace assembled 90 Camp in a Boxes for the 2nd grade students at New Horizons Elementary School in Nampa. Thanks to our amazing volunteers (including Penelope Smith and Mary Braudrick) who worked so hard on this project. The teachers used the boxes for four consecutive weeks in the classroom. Camp in a Box has four activities that encourage peace making. If you are interested in Camp in a Box for your school or organization, contact Deacon Diane McGeoch (learningpeacenampa@gmail.com). Learning Peace: A Camp for Kids is scheduled for July 19-22, 2021, 9AM-3PM at the Hispanic Cultural Center in Nampa. Learning Peace is a FREE camp for youth ages 6-13 focusing on peace making. Registration opened May 1 at www.learningpeacenampa.com.



Statistical Comparison For May

	Attendance	Offering
4/26/20	104	\$1,548.00
4/25/21	unavailable	955.00
5/3/20	104	2,668.87
5/2/21	26	2,610.99
5/10/20	102	3,269.36
5/9/21	unavailable	2,385.92
5/17/20	108	4,223.50
5/16/21	29	2,930.00
5/24/20	88	1,445.00
5/23/21	35	2,488.82
5/31/20	N/A	1,741.87
5/30/21	(unavailable at time of printing)	
April Automatic Giving:		\$1,203.47
May Automatic Giving (through 5/23):		2,091.08

CHURCH CAMP OUT

is July 30 - August 1 at the Ward property in Donnelly. Whether you are a tent camper, have an RV, or need to bunk in with someone who has a bit of free space, we'd love to have you join us. All ages (and pets) are welcomed! Talk with Julie & Steve Ward for more details.





Congregation Council
Meeting for May
Team Reports for 5/20/21

PASTOR'S REPORT: Pr. Meggan Manlove

Pastoral Care: I have slowly been meeting one-on-one with new guests. Sending cards and making phone calls and look forward to in-home visits soon.

Community: Was asked to serve on West Middle School's Community Involvement Team by Luis Novoa. I represented Trinity at the West Middle Family Night.

Administration: Completed the ELCA Open Doors grant proposal. Called together the task force assigned with making recommendations about funds available after PPP was forgiven. Helping to plan the cluster leadership retreat. Attended Synod Assembly virtually with Jerry and Karissa.

AUDIT COMMITTEE: Tami Robinson

We have received the files needed for the audit from our Treasurer and have met twice. We are just starting the process of reviewing things and are suggesting that the council does not commit to spending the "PPP" money until we are sure what money is available. In reality, we did use that money for the allowable expenses because we had to submit proof that we had used it properly. We are hopeful that we will be able to submit a full report to the council soon. All three of us have full schedules and it has been difficult to find a block of time to work together. The committee consists of Julie Ward (22), Emily Bentley (23), and Tami Robinson (24). Tami Robinson, May 17, 2021

CHURCH IN COMMUNITY: Mwajuma Dusabe/JB

Equal Exchange: coffee/chocolate/tea sales. Please enjoy some delicious Fellowship Blend for \$7/lb. or Sister's Blend for \$8/lb. Other EE products are also on sale. Call Steve or Renee VanAtter who will either deliver your order or leave it at church. Your continued support is greatly appreciated.

Noisy Offerings: 4/25 Nampa Bicycle Project \$289.37; 5/30 Treasure Valley Community Resources Center, Inc. was established in Caldwell in 1992. TVCRC serves all of Southwest Idaho by providing a vital link between those in need and the many human service agencies developed to assist them. Information about their needs is gathered from a caller. Then the client is referred to all social services for which they are qualified. They are provided with the phone number and name of a contact person and are also informed about special requirements or documents they might need. TVCRC trained volunteers focus on using the **human touch** to assist each client in a caring, friendly effective manner with up-to-date information and the experience to guide the client through the maze of human services. Due to the pandemic TVCRC is desperately in need of funding. Please give your support to such a worthy cause as you are able. **6/27 The Shoe That Grows** has been a very popular cause for our Noisy Offering focus. It is so great to see this project shared around the world. **The Shoe That Grows** was started by Kenton Lee of Nampa, ID while working in Nairobi in Kenya after seeing children running around barefoot and in shoes several sizes too small. Mr. Lee works with an organization call Because International which aims to send the shoes to orphanages in Africa. They are hoping that other charities and health workers will take shoes out with them when they visit areas to hand out to children. Thanks for showing your wonderful support and for helping to improve a child's life!

Treasure Community Gardens is hard at work with spring planting. Please contact Paulette Blaseg at 208 899-7000 for a current work schedule for much-needed volunteers.

GOSPEL & GROWTH— Penelope Smith met on May 13th, with most energy going toward the **God's Global Barnyard finale** on Pentecost, May 23rd. Those attending worship that day are asked to bring their Barnyard Boxes with them. There will be PRIZES, and we will vote for which animals to purchase!! If you are unable to attend that day, please feel free to mail a check to the church along with your votes (using the ballot attached to the Monday 5/17 email). Watch the June Epistle for results of the balloting and an early total of how much money we collected. The Church CampOut will be July 30 - August 1 at the Ward property in Donnelly. A number of households have already "signed up".

STEWARDSHIP – Penelope Smith met on May 12th. We focused on the annual **"Time and Talent"** sheets, so vital as we return to weekly in-person worship, with many volunteers needed each week. Council Members: please print off the attached copy of this sheet (2021 T&T); we will all complete our forms together during the Council meeting on 5/20! These are 1 per person, so you could also print out copies for the others in your household. We will encourage members to fill out their forms at church on 5/23, at the Monday group on 5/24, and at the Lawn Games & Crafts on 6/3. We also began work on the Fall Financial Campaign, which will include a video celebrating what Trinity has done since March 2020. We hope you will have photos of our various events to share for this video.

YOUTH: Pr. Meggan Manlove Confirmation Coop ended for the school year with an in-person gathering at Hope Lutheran, May 2. Planning for next year will begin June 2. We anticipate these congregations participating: Hope, Trinity, Immanuel, Redeemer, and King of Glory.

Postcards were sent to next year's 8th-12th grade youth regarding the ELCA Youth Gathering in Minneapolis, summer 2022.

Walks with Youth at Wilson Ponds continue about every other week through June 12.

Trinity youth (7th and up) are invited to join the conversation with Hope Lutheran youth (last Thursday of the month at 6 PM on Zoom) Think Believe Do on Salvation.

Three multi-generational events are planned for the summer: Games and Crafts on the Lawn June 3 at 6 PM, Taco [truck] Tuesday at Grace Episcopal July 6 starting at 5:30 PM, and the church campout in Donnelly Jul 30-Aug. 1.

So far, Trinity has six youth signed up for Luther Heights Bible Camp for summer 2021.

2021 Time and Talent Sheets Each year, Trinity passes out "time and talent sheets", asking members to sign up to help in the ministries of the congregation in a variety of ways. For 14 months, our Sunday ministries have required a somewhat different skill set! But now we are back worshipping in-person EVERY Sunday, and our need for volunteers has exploded. We first asked our leadership to fill out their forms (at Church Council on May 20th). Next we encouraged people at church 5/23. We have had a great response thus far. There is a stack for forms at the church, and a shoe box for your completed forms. We will also be sending the forms out by email; they are two-sided and "one per customer", so each member of the household should fill out a form. There are many ways of helping and we do truly need YOUR help. Whether you fill out a form at home and mail it in or do so next time you are at church, we are so looking forward to hearing from you!



Lawn Games and Crafts
Thursday, June 3rd at 6:00 p.m. on the Trinity lawn





Thank You from Trinity Community Gardens

Thanks to Trinity Lutheran Church parishioners for their financial support during Idaho Gives as well as during other times. - Paulette Blaseg

Celebrating Graduates with Connections to Trinity



Graduates

Kale Harris

Joyce and Bob Becht's grandson.
Boise State University, Bachelor of Science.

Olivia Thompson

Sharon Jones' granddaughter.
Vallivue High School

Kailey Forrey

Tim & Tami McHugh's granddaughter
Keystone National High School, Big Timber, MT



And last but certainly not least

Pastor Meggan Manlove

Doctorate in Ministry
San Francisco Theological Seminary, San Anselmo, CA

Thoughts From Kim Mills

"When will this all be over?" "When can we stop wearing masks?" "When will we return to normal?" These are the voices in my head and in my heart. The answers I want to give and the answers I feel obligated to give are quite different regardless of my role: mother, health care worker, manager, church volunteer, community member. I want my children to resume group activities, making friends and hanging out. I want my coworkers and employees to not have to gown up in 90-degree homes with no air conditioning. I want all of my community to gather for summer events and group campouts. I want to resume NORMAL and be able to physically connect with each other. Unfortunately, the conditions that will allow this to be, might never become. I have always felt I was a responsible individual who was entitled to make my own choices. Somewhere along this pandemic, I realized that I have a much higher responsibility to others. That responsibility included decision making when minimal or conflicting information was available and always changing. We focused on the "science" to guide us – but the science was all experimental. Through it all I found I had to trust sources I never counted on before. We were "in it" together regardless of any of our own beliefs. And through it all, love and respect for others guided me in all that I did. I became vaccinated not for myself (my risk was quite low) but to ease the fears of my coworkers who are on the front line, to raise the sense of security for my parents and in-laws as they waited to become eligible for their vaccine and for my daughter who is a severe asthmatic and spent the year of COVID completely isolated. Every new medical treatment starts as an experiment, with trials and FDA oversight. If no one ever chooses to be the "volunteer", we would have never had new cancer treatments or any medical treatments. Without "Herd Immunity" which requires a minimum of 70% vaccination rate (higher the longer we wait and variants continue to emerge) a new normal may be difficult to achieve.

Respectfully, Kim Mills

Thank You so much!

"Dear Trinity friends,
Thank you so much for your recent loving prayers, your thoughtful sympathy cards and comforting words, in honor of my brother who passed away. Each word meant so much.

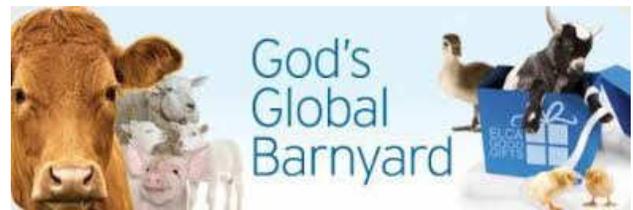
God's Peace,

Mary Braudrick & family"

Practicing What Was Familiar

I remember the first few times I had what is sometimes now called reentry anxiety, the feeling of anxiety some experience when entering more populated spaces without wearing masks after months of varying isolation. Eighteen months ago, I thought nothing of eating in crowded restaurants or leading worship. At our COVID task force meeting May 17 I said that I and maybe a few others Trinity members will need some practice with worship (and other aspects of life). This seems crazy, right? Most of us have worshiped, carried on small talk, gathered indoors in public spaces for years. And yet, many of us are out of practice, so let me offer a few suggestions:

- Give yourself grace if you feel awkward doing things that once were part of your daily life.
 - Pace yourself in your reentry if possible.
 - Celebrate when the practicing goes well.
 - Recognize that we are all in a different place with reentry. For example, some of our parishioners were always considered Essential Workers. Reentry may be quite different for them. Be curious and empathetic about one another's experiences.
 - Ground your reentry in prayer. If you are nervous or anxious or excited, take three deep breaths and offer a prayer that is poetic or as simple as "God, please help me."
 - Know that people have missed see you! So please keep practicing.
- Pastor Meggan



We had an amazing celebration of God's Global Barnyard yesterday! Thanks to the Kelly family, we had three real live goats to visit with and pet. Door prizes, including homemade caramels made with goat milk (also from the Kellys) were handed out. Prizes for the most artistic/colorful and the heaviest Barnyard Boxes were awarded to Tammy Torrey and Val Schorzman. We voted on which animals we would like to purchase. Thanks to a lot of cuteness and some pretty intense lobbying, goats received the most votes, followed by bee colonies, with cows, chicks and pigs following. Sorry, but no votes for the fish farms!

We have received **\$1461.32** in donations to God's Global Barnyard.....**THUS FAR!** That's not counting the nearly 35# of coins yet to be run through the credit union's coin-counting machine and several checks that are "in the mail". We won't close the books on this fundraiser for several more weeks, so you can still contribute by dropping off your Barnyard Box or mailing a check to the church.

Based on the votes and money collected thus far, the breakdown of the animals we will send to help people in Third World Countries is: **15 goats + 15 colonies of honeybees + 4 pigs + 117 chicks + 1/3 of a cow.** Obviously, we won't send 1/3 cow! And there is much more money to count, so keep posted for the final results.

Meanwhile, we are truly blown away by your generosity! For 14 months life has bombarded us with messages telling us that we need to focus on ourselves (to shun others and to keep healthy with roofs over our heads and food on our tables). But, in the face of these messages, you have shouted a defiant ".....**nevertheless, I WILL love my neighbor as myself (Luke 10) and I WILL feed the hungry (Matthew 25).** Joining our voices together and combining our gifts of money, this is a strong statement of who we can be when we band together as a community of faith. Amen!

Trinity Servants For June 2021

δουλος [doulos] is the New Testament Greek word for servant.

	<u>June 6</u>	<u>June 13</u>	<u>June 20</u>	<u>June 27</u>
Assisting Minister	TBD	TBD	TBD	TBD
Organist	Patricia Bishop	Patricia Bishop	Karissa Armbrust	Wendy Quarve
Lector	TBD	TBD	TBD	TBD
June Lessons	<i>1 Samuel 8: 4-20, 11: 14-15 Psalm 138 2 Cor. 4: 13-5:1 Mark 3: 20-35</i>	<i>1 Samuel 15: 34-16:13 Psalm 20 2 Cor. 5: 6-17 Mark 4: 26-34</i>	<i>1 Samuel 17: 57- 18: 5, 10-16 Psalm 133 2 Cor. 6: 1-13 Mark 4: 35-41</i>	<i>2 Samuel 1: 1, 17-27 Psalm 130 2 Cor. 8: 7-15 Mark 5: 21-43</i>
Acolyte	N/A	N/A	N/A	N/A
Crucifer	N/A	N/A	N/A	N/A
Communion Asst.	N/A	N/A	N/A	N/A
Ushers	N/A	N/A	N/A	N/A
Greeters	N/A	N/A	N/A	N/A
Nursery	N/A	N/A	N/A	N/A
Church Cleaning	TBD	N/A	TBD	N/A
Altar Guild	N/A	N/A	N/A	N/A
Fellowship Time	TBD	TBD	TBD	TBD
Offering Counters	Sandy Blom & TBD	Sandy Blom & TBD	Amanda Hanson & Caitlin McHugh	TBD
Flowers/Greens	TBD	TBD	TBD	TBD

Eternal Candle: Julie Haugen; **Wine:** Julie Haugen; **Council Devotions:** Sarah Henthorn;
Communion Bread: TBD.

**TRINITY LUTHERAN CHURCH
CALENDAR FOR MONTH OF JUNE 2021**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Office 9 a.m.-1 p.m.	2 Office 9 a.m.-1 p.m.	3 Office 9 a.m.-1 p.m. 6:00 p.m. Games & Crafts on the lawn and 2022 Youth Gathering Interest Meeting 6:30 p.m. Al-Anon	4 	5 9:00 a.m.-noon Cluster Leadership Retreat
6 Second Sunday after Pentecost Indoor Worship 10:00 a.m. Worship and Holy Communion	7 Office 9 a.m.-1 p.m. 10:00 a.m. Monday Morning Study via Zoom -----Pastor helps lead-----	8 Office 9 a.m.-1 p.m. ----staff training at camp----	9 Office 9 a.m.-1 p.m.	10 Office 9 a.m.-1 p.m. 6:30 p.m. Al-Anon	11	12
13 Third Sunday after Pentecost Outdoor Worship 10:00 a.m. Worship and Holy Communion 10:45 a.m. Fellowship	14 Office 9 a.m.-1 p.m.  10:00 a.m. Monday Morning Study via Zoom	15 Office 9 a.m.-1 p.m.	16 Office 9 a.m.-1 p.m.	17 Office 9 a.m.-1 p.m. 6:30 p.m. Al-Anon 7:00 p.m. Church Council	18	19
20 Fourth Sunday after Pentecost Father's Day Indoor Worship Emmanuel Nine First Day of Summer 10:00 a.m. Worship and Holy Communion	21 Office 9 a.m.-1 p.m. 9:00 a.m. Epistle Articles Due 10:00 a.m. Monday Morning Study via Zoom	22 Office 9 a.m.-1 p.m. 11:30 a.m. Women's Luncheon on the lawn	23 Office 9 a.m.-1 p.m. 	24 Office 9 a.m.-1 p.m. 6:00 p.m. Youth Group with Hope on Zoom 6:30 p.m. Al-Anon	25	26
27 Fifth Sunday after Pentecost Outdoor Worship 10:00 a.m. Worship and Holy Communion 10:45 a.m. Fellowship	28 Office 9 a.m.-1 p.m. 10:00 a.m. Monday Morning Study via Zoom	29 Office 9 a.m.-1 p.m. 7:00 p.m. Mutual Ministry	30 Office 9 a.m.-1 p.m.			

LET US REMEMBER IN OUR PRAYERS

Barb Franzen (has eye problems), Family of Judy White (friend of Sharon Jones' daughter- Judy recently passed away), Adele Anderson (recovering from a mini stroke), Sylvia Ward (rehabilitation from a broken femur), Matt Steelman (Friend of Helen Hatton- back surgery), Susie Tyler (Friend of Helen Hatton- serious liver disease), Clifton Topp (recent knee replacement surgery), Colton (Fran & Elwood Webb's grandson- brain tumor), Joe Lutz (Marilyn Kirkness' son-in-law- prostate cancer, Marcy Seba (Heinz' sister-in-law- stroke), Bob Henderson (from Terry & Sandy Blom- strokes), Di Seba (cancer treatments), Virginia Gabel (from Emily Carpenter- kidney tumor), Our government (from Sharon Jones), Vickie Caldwell (from Terry & Sandy Blom- cancer and chemotherapy), Darbie (Amanda Hanson's cousin- colon & liver cancer), Bob Smith (Julie Ward's uncle- reoccurring cancer), Jerry Gaines (from Emily Carpenter- degenerative spinal cord disease), John & Sarah Klahn (as they try to conceive), Logan (Kelly Family nephew- pancreatitis), Jen Brossart (from Amanda Hanson- cancer), Aspen (Kelly Family niece- fighting leukemia), Connie (Edith Hannett's daughter- for health & happiness), Kim Edwards (Perry's wife-health), Letha (Jennifer Metz' mother- tumor in knee), Mona Lisa Regier (parkinsons), Summer Foote (daughter of Randy & Martha Miller- MER infection).

People in the Armed Services: Ben Rogers (The Vanatters' nephew), Christopher Blohowiak (George & Helen Collins' great-grandson- Army), Brett Collins (grandson of Helen Collins- Marines), John C. Collins II (Helen Collins' grandson- Navy SEAL), Bill MacDonald (Navy).

Those in need of continuing prayer: Ivan Kruchowsky (former Trinity member- for healing), Doyle Budd (nephew of Trisha Bishop and Di Seba- for peace and healing and guidance for doctors and family), Lorena Ellis - Cru Campus Ministry National/Headquarters. John Steele (friend of Karissa Armbrust- cancer).

Luther Heights Bible Camp Programs for 2021

Registration is required 30 days ahead of the first day of the camp/retreat. A non-refundable \$50 deposit is due at the time of registering for youth camps to reserve your spot. Full balance due for camps and retreats 30 days before the first day of program. Nuclear Family Cap: \$500 for family+ camps; \$1,000 for youth camps.

FAMILY+ CAMP

All Ages Welcome Family is defined as nuclear and extended family, dear friends, church family, and beyond, hence the plus!

Cost: \$145/person; 5 and under free **Dates:** June 18-20/21; July 2-5

GRAND CAMP

Grandparents and Grandchildren **Cost:** \$145/person; 5 and under free **Dates:** June 23-26

GETAWAY WEEKEND

All Ages Welcome **Cost:** \$50/cabin + \$50/person; 5 and under free **Dates:** June 4-6; September 3-6 (Labor Day extra \$25/person)

BE STILL RETREAT

Adults Only **Cost:** \$100/person **Dates:** August 27-29

FLY-FISHING RETREAT

Ages 10 and up; All Skills Levels Welcome **Cost:** \$100/person **Dates:** August 13-15 (Ages 10+)

WOMEN'S RETREAT- Adult Women Only **Cost:** \$100/person **Dates:** July 16-18

WOMEN'S WELLNESS RETREAT- Adult Women Only **Cost:** \$100/person **Dates:** September 10-12

YOUNG AT HEART RETREAT- Adults Ages 55+ **Cost:** \$100/person **Dates:** September 12-14

SERVICE WEEKENDS

All Ages and Skill Levels Welcome **Cost:** Volunteer **Dates:** Opening: May 28-31; Summer Service: July 9-11; Closing: October 1-3



COVID 19 Vaccination (Penelope Smith's perspective) - When I was making my decision about getting a COVID19 vaccination, I absolutely looked at the science. What I learned in school (Research and Statistics classes) led me to feel comfortable with the risks of the vaccine. Over 115,000 people were involved in the clinical trials, and there is follow-up data from those in the general public already vaccinated (a number now over 163 million people in the US.) I would have a 5 in 1,000,000 risk of going into anaphylactic shock from a COVID19 vaccination, which was much lower than my 1 in 86,000 risk of dying from a dog attack, my 1 in 139,000 risk of dying from being struck by lightning, or my 1 in 100 risk of incurring paralysis from the surgery I have scheduled in June. The "relative" or "comparative" risk seemed low.

But, to be honest, my decision was not guided entirely by the science. It was also guided by my personal experiences with viruses and my gut-wrenching memories of these experiences:

1) Viruses can kill or cripple you. I have memories of being terrified of polio; of my parents not allowing me to swim in public pools as a child; of some of my kindergarten and first grade classmates disappearing from school, never to return because they died from polio; of Henry, who returned but with heavy metal braces from his upper thighs to his shoes and crutches strapped to his arms, enabling him to move by throwing his upper body forward then dragging his lower body along. I remember the relief I felt when the Salk vaccine became available in 1954.

2) Different people have widely different experiences with viruses. My little sister contracted chickenpox at Sunday School. Without any evil intent, she innocently infected the rest of the family. She had a mild case, with a total of 4 pox on her body, was given a brand new tricycle and sent to Grandma's house for 3 weeks,

out of the way while we were sick. My other sister and I were home, our many pox covered with dots of dried baking soda/water paste (to keep us from scratching them). And our father spent 6 weeks in bed, off work with no sick pay, worrying that we would lose our house, while hundreds of pox covered the outside of his body (many of which erupted inward, forming painful cysts) plus he had pox on the inside of his mouth and esophagus. Three very different experiences with chickenpox in the same family.

3) Viruses are sneaky. You may feel relieved that you had a mild case of a virus only to find, many years later, that the virus returns to haunt you. I have friends who had horribly painful cases of Shingles related to the chickenpox of their childhood. One had them in her left eye for over 4 years, with no remedy available. And my friend Molly lived in rural Oregon in 1954; she got polio before the vaccine was available in her part of the state, a relatively mild case with no lingering effects. Then, 40 years later, she started having symptoms similar to ALS (aka Lou Gehrig's disease). She was diagnosed with post-polio syndrome. Over the next 5 years, she had to scale back her activity level, give up her lucrative career as a national speaker, and go on disability before she was 50 years old.

My decision to get the COVID19 vaccine was based on medical science AND my total respect for the deadly, sneaky powers of viruses. I weighed my relative risks. I didn't want to risk getting very ill or dying; I didn't want to risk infecting others that I love; I didn't want to risk having big problems with post-COVID syndrome at age 90. So, on January 26th, when I got information on how to schedule my first COVID19 shot, I emailed that information to literally every local friend age 65+. I didn't want to get COVID, and I certainly didn't want THEM to get COVID either. I wanted to give them the best possible chance to schedule an appointment, if they were inclined to do so.

-Upcoming Events-

May 23rd- God's Global Barnyard Finale and Outdoor Worship

June 3rd 6:00 p.m.- Yard Games and Craft Night followed by 2022 Youth Gathering Interest Meeting

July 6th- 5:30 p.m. Taco (truck) Tuesday at Grace Episcopal

July 30-Aug 1- Campout

+++++



Trinity Lutheran Church
8 South Midland Blvd.
Nampa, ID 83651
(208) 466-2173

TO: